

# Boiled Salt Pork

2 pounds salt pork

Assorted vegetables as available, chopped:

- Onions
- Potatoes
- Cabbage
- Carrots
- Turnips

Salt and pepper

Water

Freshen salt pork by soaking a Kettle of water at least 2 hours

If very salty, repeat soaking

Cut salt pork into chunks and brown in the bottom of a Dutch Oven

Add water to cover and bring to a slow boil

Add vegetables and cook until tender

Season with salt and pepper



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