

Biscuit

Take one quart of flour, three teaspoons of cream of tartar, mixed well through the flour, two tablespoons of shortening, one teaspoon of soda, dissolved in warm water of a sufficient quantity to mold the quart of flour.

For large families the amount can be doubled.



Try this recipe at home and tag us on Instagram
@nmhistoricsites and #fortseldenhistoricsite

NEW MEXICO  HISTORIC SITES