

Soda Biscuits

Take 1 pound flour and mix it with enough milk to make a stiff dough

Dissolve 1 teaspoon carbonate of soda into a little milk

Add to dough with a teaspoon of salt

1 egg yolk (optional)

Work it well together and roll out thin

Cut into round biscuits and bake them in a moderate oven



Try this recipe at home and tag us on Instagram
@nmhistoricsites and #fortseldenhistoricsite