An Excellent Way of Improving the Hair

Once in three days take some rich, unskimmed milk that has been made sour by standing in the sun. Stir it up so as to mix all through the cream that has collected on the surface. Wash the hair with this, rubbing it well into the roots. Let it remain on the hair about a quarter of an hour or more. Then wash it off with a lather of white soap and warm water rinsing the hair afterwards with fresh water—either warm or cold—according to the season.

If continued every third day, it seldom fails to render the hair thick, soft, and glossy.

Try this recipe at home and tag us on Instagram
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